

Passport Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	WELL BUILT 6:30-7:15AM			
SUPER CURCUIT 11:30-12:15PM	SCULPT & CORE 11:30-12:15PM	POWER CYCLE* 11:30-12:15PM <i>STEP EVERY 4TH WEEK</i>	LIFT & SCULPT 11:25-12:10PM	
POWER CYCLE 11:30-12:15PM	TOTAL BODY BLITZ 11:30-12:15PM	WELL BUILT 11:30-12:15PM	SUPER CIRCUIT 11:30-12:15PM	FREESTYLE FRIDAY* 12:00-12:45PM
YOGA 12:00-12:45PM	BARRE 12:00-12:45PM	TOTAL BODY BLITZ 12:00-12:45PM	PILATES FUSION* 12:00-12:45PM <i>CYCLE PLUS ONCE/MONTH</i>	YOGA 12:00-12:45PM
	WELL BUILT 12:20-1:05PM	BARRE* 12:20-1:05PM <i>EVERY 4TH WEEK ONLY</i>		
CORE & MOBILITY 12:25-1:10PM	YOGA 12:25-1:10PM		YOGA SCULPT 12:25-1:10PM	

LOCATIONS

CENTENNIAL PLACE
EAU CLAIRE TOWER
400 THIRD

EXCEPTIONS

- * **POWER CYCLE = STEP** - Oct 28, Nov 25, Dec 23 (tentative)
- * **BARRE** - Nov 18, Dec 16
- * **PILATES FUSION = CYCLE PLUS** - last Thursday of the month
- * **FREESTYLE FRIDAY** - for upcoming class style/instructor, visit the Member Portal